

# Drug & Alcohol Abuse Prevention Committee Minutes

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| <b>MEETING DATE:</b>      | <b>MEETING TIME:</b>  | <b>MEETING LOCATION:</b>  |
| October 30, 2018          | 2:00pm  | Student Meeting Room, BAC |
| <b>MEETING CALLED BY:</b> | Cathy Mitchell, Vice President for Student Services                                   |                           |
| <b>RECORDER:</b>          | Maria R. Juarez   |                           |
| <b>ATTENDEES:</b>         | Misty Stine, Dennis Kelley, Kelly Rueda, Aaron Prebenda, Deron Clark, Scotty Holloman |                           |
| <b>ABSENT:</b>            | Marisol Arenivas  |                           |

## TOPICS

| PERSON REPORTING:                      | TOPIC   |
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| <b>Cathy Mitchell - Vice President</b> | <ul style="list-style-type: none"> <li>• Cathy started by asking anyone to share information or ideas for the Drug &amp; Alcohol Prevention program.</li> </ul>   |
| <b>Kelly Rueda</b>                     | <ul style="list-style-type: none"> <li>• Kelly has checked the Addiction Source books at Pannell Library and all but two were still on the list of the Student Handbook, pgs. 63-64.</li> <li>• Kelly also checked the Resources on pg. 65 and found Lea Regional Mental Health Services no longer offer Mental Health services but we can add Nor-Lea Mental Health in Lovington, NM in place of Lea Regional. Their contact number is (575) 396-6611.</li> <li>• On pg. 63 of the Student Handbook, #7 Women under the Influence (RC 564.5. W65 W66 2006) and #8 Addiction &amp; Mood Disorders (RC 564.68. D365 2006) Kelly could not find these two; we can delete these from the handbook.</li> <li>• Kelly contacted two and four-year colleges around the area and found the following:             <ol style="list-style-type: none"> <li>a) Texas Tech offers the "Think About It" education program and "Check up to go" online survey. They also provide mental health and substance abuse counseling on campus.</li> <li>b) South Plains has the same program as NMJC. They involve Student Life and have displays around campus. Kelly suggested a "move around display". The display would move from hall to hall at a month at a time. South Plains also offers "Ask an Addict" event in which a panel of students get to ask questions to the speaker about their experiences and life with drugs. Kelly thought it would be a good idea to get with a local agency if they can provide a person comfortable enough to speak about their life/experience with drugs and have Student Life presented one evening to resident students.</li> <li>c) New Mexico Tech has a grant called "Alcohol Safety Awareness" offering two to three table events per semester. They provide one-on-one training to students who want information on alcohol and drugs, as well as giving brochure/pamphlets.</li> <li>d) Midland College – offers the same as NMJC with the exception of "National Collegiate Alcohol Awareness Day." They provide DOT visits on campus, drunk driver's simulators, and a Drug &amp; Alcohol speaker at the beginning of each semester. Midland College uses the Events XD App to upload a Drug &amp; Alcohol Brochure during orientation also make hard copies available.</li> <li>e) Northland Pioneer College - has no Drug/Alcohol prevention awareness.</li> <li>f) Angelina Community College – same program as NMJC also work closely with the local Community Drug Coalition.</li> <li>g) New Mexico State University – offers the WAVE program (Wellness Alcohol &amp; Violence Education). They post myths and facts, binge drinking, signs of alcoholism, tips on their website. They have "Each Hug", an interactive web survey that allows students to look up drinking patterns and receive feedback of alcohol abuse. The assessment is six to seven (6-7) minutes and is self-guided, requires no face to face contact; when completed, a windows pops up with counseling information and other resources.</li> <li>h) Community Drug Coalition previously provided education to the NMJC students that were in violation. Students were sent to the Coalition counselors for x-number of sessions. The Coalition also provided pamphlets to distribute around campus and are willing to come and speak to the students. Kelly will be serving in the Drug Coalition Committee.</li> </ol> </li> <li>• Everyone agreed the "moving display" would be a great option to have on campus.</li> </ul> |

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| <p><b>Deron Clark</b></p>                        | <ul style="list-style-type: none"> <li>• Deron asked what is the relationship with GEO and what are the chances of getting a convict to speak on Alcohol violations. Dennis stated the relationship with GEO is not great. Dennis thinks we are better off asking P-Dap or the Community Drug Coalition for "Ask an Addict" speaker.</li> <li>• Deron suggested adding an Alcohol/Drug Awareness transferrable class as an elective into the psychology program.</li> </ul>  |
| <p><b>Aaron Prebenda</b></p>                     | <ul style="list-style-type: none"> <li>• Aaron shared the NMJC Student Alcohol &amp; Drug Cases 2017-2018 fact sheet to everyone in the meeting. He will do a follow-up with some students to ensure they completed the semester after the violation.</li> <li>• Cathy mentioned adding the Drug and Alcohol Prevention Pamphlet or pages 58-65 of the Student Handbook to the Counseling website with linking pages of the health risks/safety, self-assessments, drug and alcohol awareness, and community resources, etc.</li> <li>• Aaron asked if we were looking into having speakers at the next student orientation. Cathy mentioned having multiple orientations throughout the summer and will have to see how to implement speakers into the orientations. Deron and Aaron proposed to have a speaker the week of August 14 when athletes arrive for their athletic/housing orientation, physicals exams, etc. Deron also suggested asking the coaches to be responsible on educating their teams.</li> </ul>   |
| <p><b>Dennis Kelley/<br/>Scotty Holloman</b></p> | <ul style="list-style-type: none"> <li>• Cathy asked what we have for employees on Drug and Alcohol Awareness. Human Resources has the Drug/Alcohol Agreement Form signed yearly when employee contracts are renewed.</li> <li>• Dennis suggested employees have an Awareness acknowledgement on the online system.</li> <li>• Scotty proposed having the Drug &amp; Alcohol Prevention trainings at the Mandatory meetings or added to the Safe Colleges Training.</li> <li>• The Biennial Review compliance check list mentions the Institution provides to each employee with the standards of conduct prohibiting unlawful possession use, description of health risks, etc. Cathy wants to make sure all pieces of checklist are offered annually to the employees either by email or the NMJC website.</li> </ul>  |
| <p><b>Cathy Mitchell</b></p>                     | <ul style="list-style-type: none"> <li>• Cathy asked for suggestions or ideas on things we need to be doing related to Drug &amp; Alcohol Awareness for the students. In South Plains, the nursing students displayed posters and had presentations regarding their displays. Misty would like to implement this into the Pharmacology class.</li> <li>• Cathy mentioned Counseling will have a bulletin board with information and resources regarding Drug and Alcohol awareness and also have it available thru the web. Kelly will be meeting with the Coalition in November to enroll students needing counseling.</li> <li>• Scotty suggested Drug Court, as a rehabilitation. Kelly mentioned all Drug Court students are being referred to the Coalition or the Guidance Center.</li> <li>• Cathy asked what is the policy for student violating the drug policy as far as punishment? What happens immediately after a violation? Is the "do not pass go" policy takes place? Aaron mentioned drugs has been the main problem with NMJC students. Students are removed from housing yet continue to attend classes if no further incidences happen. There is no counseling or education for drug violations, but there is for alcohol.</li> <li>• Aaron asked what about the 2<sup>nd</sup> strike policy for marijuana or other drugs? Dennis shared if we plan going towards this we need to differentiate between misdemeanor and felony drugs. Scotty conquer with Dennis. Deron is not a fan of the 2<sup>nd</sup> strike policy. Misty shared nursing has no tolerance for drugs, students are dismissed from the program. Deron will contact other Colleges if they have the 2<sup>nd</sup> strike policy in place, how it works, the policies, violations, with student housing and student athletes. Everyone agreed to keep as is, for now.</li> <li>• Cathy will start working on the Biennial Review. Deron stated if Housing staff has an issue with athletes at any time (day or night) to contact the Coaches immediately. Coaches would greatly appreciate it.</li> </ul> |
|  | <ul style="list-style-type: none"> <li>• Meeting adjourned at 3:46pm</li> </ul>  |