

STUDENT LEADERSHIP ACADEMY

SLA is organized into three levels:

ESSENTIAL LEVEL
PROFESSIONAL LEVEL
MASTERY LEVEL

Each level progresses and builds upon what you have already learned in the areas of interpersonal skills, communication, and leadership.

You can go at your own pace. If you complete all three levels, you will receive a certificate, electronic badges, and a specially designed medallion to be worn at commencement.

NMJC.EDU

Promoting Success through Learning

**DO YOU FEEL
LIKE YOU HAVE
WHAT IT
TAKES
TO GET A JOB
AFTER
YOU GRADUATE?**

In a nationwide survey, employers identified the key skills and traits they seek when hiring recent college graduates.

To help NMJC students prepare for the challenges they will face both during their college years and beyond, the Student Leadership Academy offers training in these marketable leadership skills, which also lay the foundation for effective leadership and are necessary to advance in most fields.



NMJC
New Mexico Junior College
**STUDENT
LEADERSHIP
ACADEMY**

NMJC Student Leadership Academy

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[https://www.nmjc.edu/current_student/
student_life/leadership.aspx](https://www.nmjc.edu/current_student/student_life/leadership.aspx)



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**STUDENT
LEADERSHIP
ACADEMY**



ESSENTIAL

LEVEL ONE

INTERPERSONAL SKILLS

Dependability

- Credibility
- Confidence
- Commitment to excellence

Managing Life

- Stress management
- Time management

COMMUNICATION

Interpersonal Communication

- Communication theory
- Nonverbal communication
- Putting it into Practice

Listening Skills

- Active listening
- Skills and tips

LEADERSHIP

Preparing to Lead

- Identify personal values
- Create a personal mission statement

Cultural awareness – valuing differences

- Understanding group dynamics
- Identifying and valuing different personalities



PROFESSIONAL

LEVEL TWO

INTERPERSONAL SKILLS

Working With Others

- Behaviors that influence
- Personal accountability
- Helping others

Stress & Conflict Management

- Understanding our stressors
- Sources of conflict
- Defusing conflict in others

COMMUNICATION

Listening Skills - Silver Level

- Learning from others
- Appreciative Inquiry
- Mirroring techniques & other engagement skills

You Are What You Speak

- Words that influence
- Brain science and emotional intelligence

LEADERSHIP

Supervision, Teambuilding, & Collaboration

- Getting things done through others
- Measuring and reporting success
- Teamwork and group dynamics
- Collaboration and cooperation



MASTERY

LEVEL THREE

INTERPERSONAL SKILLS

- Decision making
- Problem solving
- Using all parts of our brains
- Root causes

Change Management

- Credibility
- Confidence
- Commitment to excellence

Servant Leadership

- Stress management
- Time management

COMMUNICATION

Writing & Presenting - Getting Your Point Across

- Clear messages and follow-up
- Audiences and channels
- Facilitation 101 - leading meetings / discussions

Giving & Receiving Feedback

- Purpose of feedback
- Useful language
- Difficult conversations
- Receiving feedback

LEADERSHIP

Motivating Others

- Identify personal values
- Create a personal mission statement

Personality Types - MBTI/DiSC

- Understanding differences - MBTI 101
- Learning about behaviors in conflict - DiSC 101
- Valuing all types

Workplace Interactions

- Understanding appropriate and inappropriate behaviors
- Federal protections
- Interviewing skills

Preparing to Lead

- Identifying organizational values

Why should I get practical leadership experience while I am attending NMJC?

In today's marketplace, organizations are looking for experienced leaders that are ethical, driven, well-organized communicators with the ability to motivate, empower, and energize others. Completing SLA shows you went the extra mile and already have mastered these skills and you have proof.